

**STRATEGIZE
ORGANIZE
EMPOWER**

Julie Tushingham

- **Strengthen Leadership Impact**
- **Improve Team Communication**
- **Build Psychological Safety**
- **Enhance Behavioural Awareness**
- **Embed Sustainable Performance**



CONTACT



+447957411392



julie@grant-graham.co.uk



www.grant-graham.co.uk

CONNECT WITH ME:

Looking to strengthen leadership impact, communication, and team effectiveness without “fluffy” interventions? Julie Tushingham provides practical executive coaching and DISC-based behavioural development that builds trust, improves collaboration, and helps teams perform under pressure. Her approach strengthens self-awareness and embeds behaviour change that delivers measurable performance improvement in real-world environments.

Please visit my LinkedIn profile:
[Julie Tushingham](#)

**“WHEN PEOPLE
UNDERSTAND THEMSELVES
AND EACH OTHER BETTER
– PERFORMANCE FOLLOWS
NATURALLY.”**

INTRODUCTION

Julie Tushingham is a seasoned Executive Coach and DISC Practitioner specialising in leadership development, behavioural insight, and team performance. She helps senior leaders and leadership teams strengthen clarity, communication, and confidence—particularly during periods of change or sustained delivery pressure. Known for her calm, people-first approach, Julie creates safe, focused environments where honest conversations drive behavioural shifts that improve decision-making, team dynamics, and leadership impact. Her work is practical, structured, and designed to deliver results that stick.

HOW I CAN HELP YOUR BUSINESS

- **Executive Coaching and Leadership Development:** Provides structured, outcome-driven coaching for senior leaders and leadership teams—strengthening self-awareness, decision-making, and leadership confidence, particularly in high-pressure or change-driven environments.
- **DISC-Based Behavioural Insight and Communication:** Uses DISC profiling to improve communication, collaboration, and working relationships—helping leaders and teams understand behavioural drivers, reduce friction, and work more effectively together.
- **Team Effectiveness and Psychological Safety:** Supports teams in building trust, openness, and constructive challenge—creating psychologically safe environments where issues surface early and performance can improve sustainably.
- **Culture and Behaviour Change Enablement:** Helps organisations embed practical behavioural shifts that support healthier team dynamics, stronger leadership impact, and consistent performance—without introducing abstract or “fluffy” interventions.